

# Lead Agencies



Dayton & Montgomery County



**Community Overdose Action Team Goals**  
Stabilize the number of people dying from drug overdoses  
Reduce the number of fatal overdoses

# Community Resources

**Addiction Services** 937-461-5223  
- Drug addiction counseling services

**ADAMHS** 937-443-0416  
- Referrals to drug addiction counseling and treatment services

**Samaritan CrisisCare** 937-224-4646  
- 24/7 Crises services and screenings

**CarePoint** 937-496-7133  
- Naloxone distribution and clean needle exchange program

**Families of Addicts** 937-307-5479  
- Support meetings for addicts and families

**Project DAWN** 937-734-8333  
- Drug overdose education and naloxone distribution



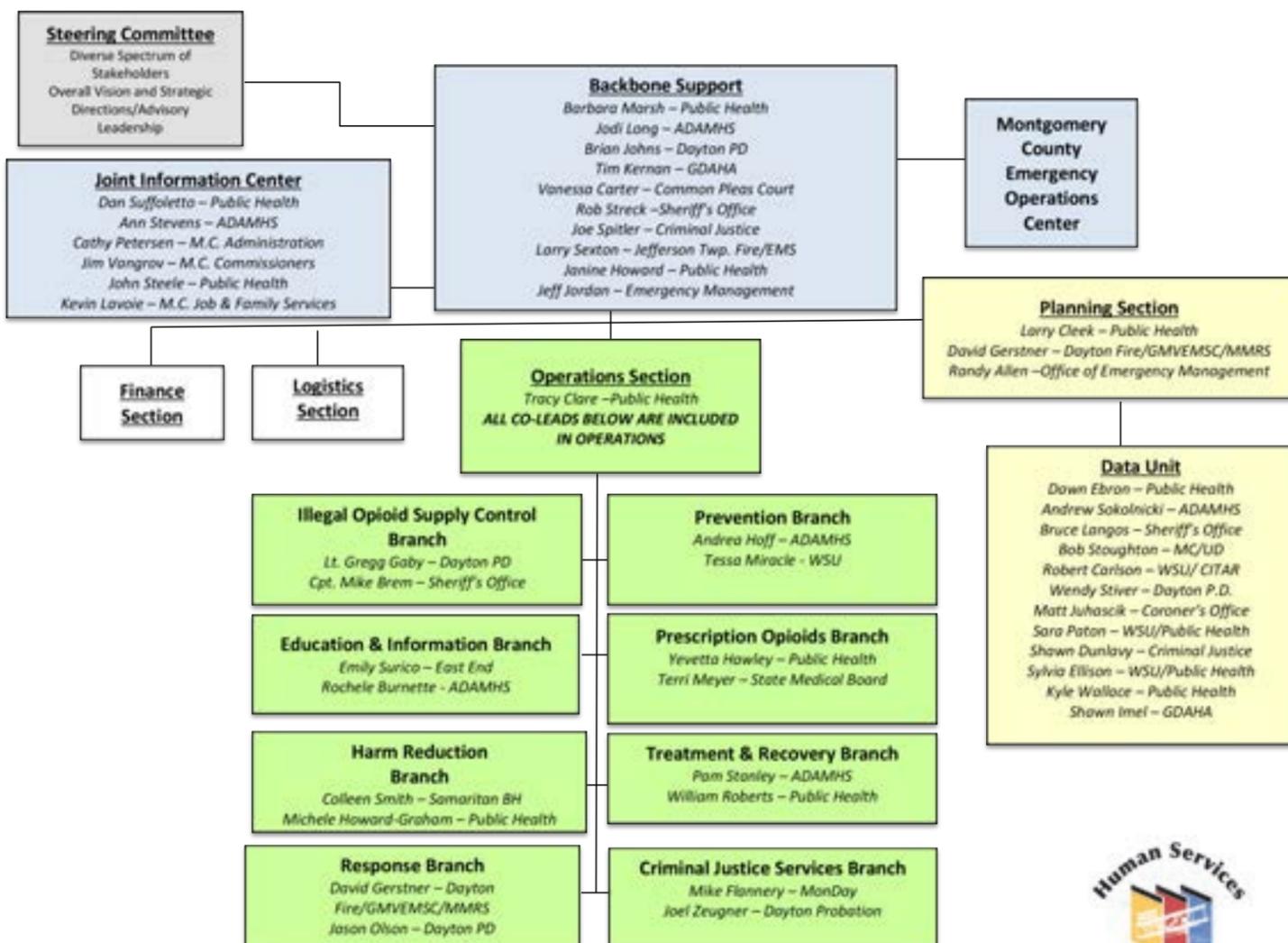
**Community Overdose Action Team**  
*Working Together To Combat Opioid Overdoses*

# Update

May 2017

## Promoting Project Know!

## COAT Organizational Chart



**TALKING TO YOUR KIDS ABOUT DRUGS**  
*what parents need to know*

- 1 Talk frequently
- 2 Show interest
- 3 Be careful what you say
- 4 Be careful how you say it
- 5 Know the facts about drugs/alcohol/tobacco
- 6 Be respectful & genuine
- 7 They talk, you listen
- 8 Scare tactics don't work
- 9 Control your emotions
- 10 Take advantage of teachable moments

As a parent, you worry about your kids using drugs, alcohol and tobacco. Talking will help them make good choices, but you may not be sure what to say or how to say it. Learn more about these 10 tips to help you Start Talking today at [starttalking.ohio.gov](http://starttalking.ohio.gov)

The Community Overdose Action team is working with community partners to promote **“Know! Parent Tips and Teachable Moments.”** The Know! program was developed by Drug Free Action Alliance, a statewide prevention agency, and is a tool used to communicate simple, easy-to-comprehend messages to children aged 11 to 13 about staying free from alcohol,

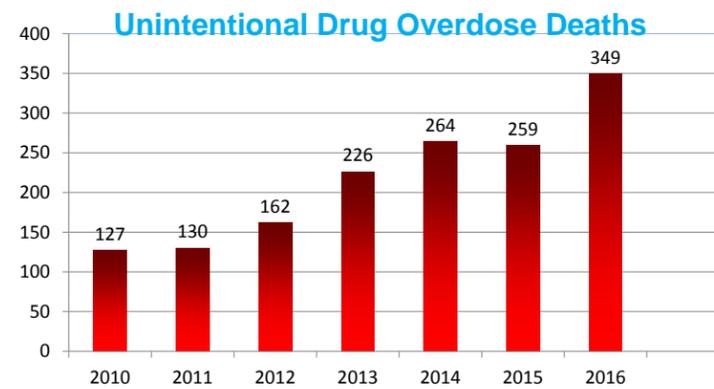
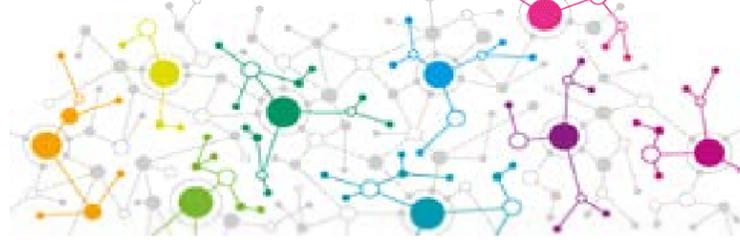
tobacco, and other drugs. Each month, parents receive two KNOW! Parent Tips, which provide current facts related to substance use, healthy youth development, and other related

issues, as well as concrete action steps they can take to help prevent their child from using. Similarly, teachers receive the Know! Teachable Moments prevention tips twice per month.

“ **Talking to kids about drugs at an early age can help them live healthy, drug-free lives.**   
Barbara Marsh  
Assistant to the Health Commissioner ”



# DATA



## Dayton Man Beats Nearly 20-year Drug Addiction



20 years, he struggled with substance use addiction, leading to stints in and out of rehab and run-ins with the law.

By 2014, Zent was ready to make a change.

“I was still on drugs, but I knew I didn’t want to be anymore,” Zent says. “I was hopeless and helpless out on the streets. I needed to stop.”

With the help of connections in the community and local resources, including Alcohol Anonymous, the Joshua Recovery Ministries and other ADAMHS-supported programs, Zent made the commitment to beat addiction.

“Anyone suffering from addiction is much more likely to find lasting, significant recovery if they have access to the right programs and support systems,” says Ann Stevens, spokesperson for ADAMHS. “ADAMHS has invested millions of dollars into our community to help provide these critical services.”

Relying on his faith, determination and community programs, Zent finally was able to overcome the addiction that had tormented him for almost two decades.

Clean and sober since May 8, 2014, Zent is proud of the life he has forged in Dayton. He continues to be active in the recovery community, working as a caseworker at Joshua Recovery Ministries. “Recovery is a gift. It can be accepted or rejected. I look back at all the times I rejected it, but it’s that simple,” Zent says.

“People need to know there are people that care and can help right now,” Stevens says. “The resources are in place for anyone in Montgomery County to get the help they need.”

ADAMHS delivers valuable community resources to those suffering from drug addiction and supports programs that are making a difference in the fight against addiction, including peer coaching, recovery housing, employment services, spiritual support and naloxone training.

If you or a loved one is suffering from addiction, call Samaritan CrisisCare at (937) 224-4646 or visit [www.thinkagainmc.org](http://www.thinkagainmc.org) today. Same-day assistance and emergency services are available. To contact ADAMHS with questions, please call (937) 443-0416.

For any addict, the road to recovery can be difficult. For Norm Zent, it was nearly 20 years in the making.

Fortunately, thanks to efforts by local organizations like the Montgomery County Alcohol, Drug Addiction and Mental Health Services (ADAMHS), Zent found the support and programs he needed to overcome his drug addiction.

Growing up, Zent never imagined he could become a drug addict. His life was good. His family supported him and he did well in school. He enjoyed social drinking as a teenager, but he believes it was more than alcohol that led to his battle with substance use.

“I had an injury in high school playing football and ended up on a lot of pain medicine,” Zent says. The experience with prescription medicine led him to experiment with harder drugs, including benzodiazepines, cocaine and heroin.

“I honestly knew I was addicted at some level by the time I was 17 or 18, but I believed I could handle it,” Zent says. For the next

## Situational Status Report

Operational Period: April 25, 2017 to May 24, 2017

- Ohio was awarded \$26 million dollars from U.S. Health and Human Services, which is the first of two rounds provided for the 21st Century Cures Act, through the State Targeted Response to the Opioid Crisis Grants for treatment, prevention and recovery services.
- Project DAWN distributed Narcan postcards at the following locations: Montgomery County Jail – 500; Project GROW – 250; MonDay Correctional – 250
- ADAMHS has added dollars to increase court ordered jail assessment services with Samaritan Behavioral Health within the county jail.
- The Huber Heights, West Carrollton Police Departments and the State Highway Patrol in Montgomery County have now begun carrying Narcan.
- Huber Heights EMS is implementing a repository of Narcan with its own dollars. It is being used to personally furnish individuals in their community.
- Compiled a list of Montgomery County churches to promote Know! Prevention tips.
- Participated in the “Building A Healthy Dayton: Next Steps” presentation at Kennedy Union (UD Campus) to educate the public on the Opioid Crisis.
- Administered a survey to obtain data about the general population’s perspectives on prescription pill use, storage, and disposal.
- SB 319 was signed by Governor Kasich. The law was effective April 6, 2017. This law prohibits pharmacist, pharmacy intern or a terminal distributor from dispensing an opioid analgesic more than 14 days after the elapse of the prescription issuance date.
- New limits on prescription opioids will be implemented to include: No more than seven days of an opioid can be prescribed to an adult and no more than five days to minors unless such a reason is given; the total morphine equivalent dose of a prescription cannot exceed an average of 30MED per day; there will be a required diagnosis or procedure code on every controlled substance and entered into OARRS; the new limits do not apply to opioids prescribed for cancer, palliative care, end of life care or medication assisted treatment.
- Emergency Medical Service Personnel are permitted to furnish naloxone under Ohio law to an individual who has experienced an opioid overdose and/or family or friends of the individual.

### Did You Know?

**Good Samaritan Laws exist in many states. In the event of an overdose, these policies protect the victim and the person seeking medical help for the victim from drug possession charges.**

LawAtlas Policy Surveillance Dataset, Good Samaritan Overdose Prevention Laws; created by NPO Staff, available at: <http://lawatlas.org/query?dataset=good-samaritan-overdose-laws> [March 14, 2016].



For more info call 225-5700 or visit [www.phdmc.org/coat](http://www.phdmc.org/coat)

The complete IAP and more details are available at [phdmc.org](http://phdmc.org)