

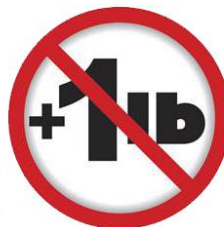
NASP Self-Report Tally Sheet

This sheet is to be used for individuals who are not participating in a scheduled weigh-in/out. Each participant will complete this sheet and submit to their organization contact at the end of the challenge.

Weigh-in between November 13, 2017 and November 17, 2017.

Weigh-out between January 16, 2018 and January 19, 2018.

Name:	
Organization:	
Weigh-in: _____ lbs.	Date:
Weigh-out: _____ lbs.	Date:



Public Health's
**not a
single
pound**
challenge