

# HOSPITAL UTILIZATION



## SDOH SOCIAL DETERMINANTS OF HEALTH:

The ability to receive needed health and dental care can be impacted by race and ethnicity, language, socioeconomic status, age, gender identity, disability, and sexual orientation. These factors can make accessing care difficult due to high out-of-pocket costs, availability of needed specialists in the community, and discrimination and poor cultural competency of health care providers. When access to care is difficult, people are less likely to receive preventive care, delay care for illness or injury, and can end up with unmet health care needs, heavy financial burdens, and preventable hospitalizations.

### Top Reasons for a Hospital Visit, Montgomery County, 2017



#### KEY FINDING

- ▶ The top 3 reasons Montgomery County residents visit area hospitals are hypertension, diabetes, and dental conditions.

Source: Greater Dayton Area Hospital Association Healthcare Database

### Top Reasons for a Hospital Visit by Insurance Type, Montgomery County, 2017

Commercial	Medicare (Age 65+)	Self-Pay	Medicaid
Hypertension	Hypertension	Dental	Dental
Diabetes	Diabetes	Hypertension	Asthma
Depression, Anxiety	Stroke	Heroin Poisoning	Hypertension

#### KEY FINDINGS

- ▶ Hypertension is the top reason for a hospital visit among those with commercial insurance or Medicare.
- ▶ Dental is the top reason for a hospital visit among those who use Medicaid or self-pay.

Source: Greater Dayton Area Hospital Association Healthcare Database

### Top Reasons for a Hospital Visit by Demographic Characteristics, Montgomery County, 2017

Demographic Group	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>
Age	<18	Asthma	Depression, Anxiety, Adjustment Disorder
	65+	Hypertension	Diabetes
Race/Ethnicity	White	Hypertension	Diabetes
	Black	Hypertension	Asthma
	Hispanic	Hypertension	Diabetes
Sex	Male	Hypertension	Diabetes
	Female	Hypertension	Diabetes

#### KEY FINDINGS

- ▶ Hypertension and diabetes are 2 of the 3 most common visit reasons for those 65 and older, both men and women, and Blacks, Whites, and Hispanics.
- ▶ Asthma, mental health, and dental problems are the top reasons for hospital visits among children.
- ▶ Mental health is the top reasons for a hospital visit for women, children, and Hispanics.