

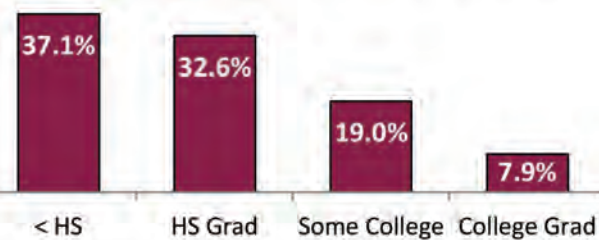
TOBACCO USE



PHI PUBLIC HEALTH IMPORTANCE:

Smoking is toxic to your health and the health of others. Cigarette smoking harms nearly every organ system within the body and can cause several chronic diseases including cancer, heart disease, stroke, diabetes, and chronic lower respiratory diseases. Each year smoking claims the lives of more than 480,000 Americans, including 41,000 Americans who die due to secondhand smoke exposure (CDC, 2018). Smoking also reduces the quality and length of one's life. Smokers can expect to die, on average, 10 years before non-smokers. By quitting, smokers can add back quality years to their life.

Adult Current Smoker Status by Education Montgomery County, 2016-2017



Source: Behavioral Risk Factor Surveillance System (BRFSS)

KEY FINDING as self-reported

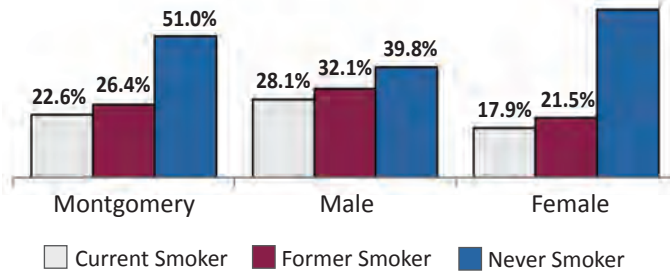
- ▶ College graduates are less likely to smoke compared to those with a lower level of education.

Each Year
Smoking Claims the Lives
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Adult Smoking Status by Sex Montgomery County, 2016-2017



Source: Behavioral Risk Factor Surveillance System (BRFSS)

KEY FINDINGS as self-reported

- ▶ 23% of adults currently smoke.
- ▶ 61% of women compared to 40% of men have never smoked.

Across the Nation

	Montgomery ¹	Ohio ¹	United States ²	HP 2020 Goal
Current Smoker	22.6%	21.8%	17.1%	12.0%
Smokeless Tobacco	4.0%	4.9%	4.1%	0.2%

¹Behavioral Risk Factor Surveillance System (BRFSS), 2016-2017

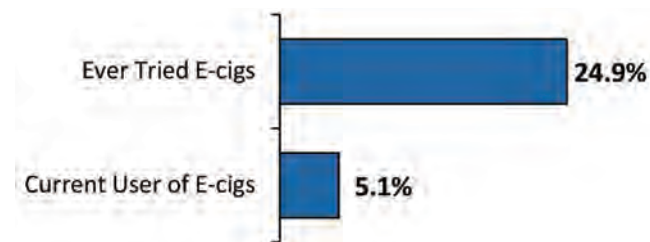
²Behavioral Risk Factor Surveillance System (BRFSS), 2017

SDOH SOCIAL DETERMINANTS OF HEALTH:

Social, environmental, psychological, and genetic factors all influence cigarette use. However, the social environment, such as peer and family approval of tobacco use, may be a person's strongest motivation to start and continue smoking. The accessibility of tobacco and exposure to tobacco ads also influence one's decision. Often, communities of lower socioeconomic status are targeted more heavily by tobacco marketing. All of these factors negatively influence a person's decision to use tobacco.



E-Cigarette Status Among Adults Montgomery County, 2016-2017

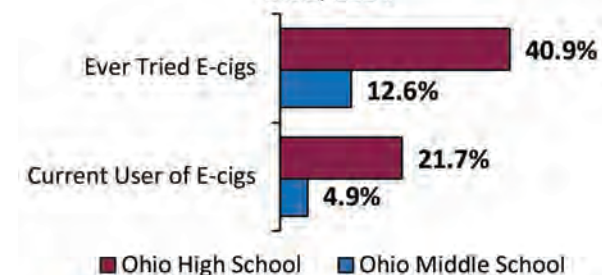


Source: Behavioral Risk Factor Surveillance System (BRFSS)

KEY FINDING as self-reported

- ▶ 25% of adults have tried e-cigarettes and 5% currently use e-cigarettes.

E-Cigarette Status Among Youth Ohio, 2014



Source: Ohio Youth Tobacco Survey

KEY FINDING as self-reported

- ▶ In middle school, only 13% of students report trying e-cigarettes, but by high school, 41% report trying e-cigarettes.

