



**Public Health**  
Prevent. Promote. Protect.  
Dayton & Montgomery County



# Monthly Update

April 2019

*Our Mission: To improve the quality of life in our community by achieving the goals of public health: prevention, promotion and protection.*

April 2019 • Dayton Region

## Minority Health Month Calendar of Events

### April is Minority Health Month

Public Health is set to kick-off Minority Health Month with a series of events aimed at reducing health disparities and improving health outcomes among minorities in Montgomery County. Minority Health Month is a 30-day health and wellness campaign that was instituted by the Ohio Commission on Minority Health, and is celebrated nationally. Throughout the month there will be special events and programs designed to improve people’s health.

The five goals of Minority Health Month are to:

1. Provide crucial information to allow individuals to practice disease prevention.
2. Promote healthy lifestyles.
3. Showcase healthcare providers and resources.
4. Highlight the unequal health of Ohio’s minorities compared to non-minorities.
5. Increase ongoing community support to improve minority health.

All Minority Health Month events are free and open to the public. The full calendar of events is located on Public Health’s website at [www.phdmc.org](http://www.phdmc.org).

Funding for Minority Health Month events is provided by Public Health, the Ohio Commission on Minority Health, and Grandview Medical Center/Kettering Health Network. For more information call (937) 225-5700.

## National Public Health Week

April 1–7, 2019

### National Public Health Week is April 1 – 7

Everyone deserves to live a long and healthy life in a safe environment. To make that possible, we need to address the causes of poor health and disease among individuals and within our communities. Where we live, learn, work, and play affects each of us and can determine our health and life expectancy. In the workplace, let’s partner across public and private sectors to make sure decisions are made with the public’s health in mind. Within our communities,

let's start new conversations with our neighbors and become advocates for positive change. Working together, we can build healthier communities and eventually, the healthiest nation. But we need your help to get there.

During each day of [National Public Health Week](#), we focus on a particular public health topic. Then, we identify ways each of us can make a difference on that topic. These areas are critical to our future success in creating the healthiest nation, and everyone can do their part to help.

### **NPHW 2019 DAILY THEMES**

Monday, April 1 — [Healthy Communities](#)

Tuesday, April 2 — [Violence Prevention](#)

Wednesday, April 3 — [Rural Health](#)

Thursday, April 4 — [Technology and Public Health](#)

Friday, April 5 — [Climate Change](#)

Saturday and Sunday, April 6-7 — [Global Health](#)



### **District Advisory Council Annual Meeting**

The District Advisory Council (DAC) annual meeting was held on March 27. The DAC meets annually in March for the purposes of electing its officers, appointing Board of Health members, and receiving updates and special reports from the [Board of Health](#). The DAC consists of a representative from each jurisdiction (city and township) in Montgomery County.

John Applegate (Union) and Jesse Lightle (Washington Township) were elected to serve as officers of the DAC for the 2019 – 2020 term. Mrs. Patricia Meadows was reappointed as a Board of Health member by the City of Dayton, and Bob Downing was appointed by the Public Health Licensing Council. Public Health updates included a summary of programs and services, financial highlights and an overview of collective impact models aimed at reducing infant deaths, the opioid crisis, and building a food equity plan.



### **2019 County Health Rankings**

The Robert Wood Johnson Foundation released the **2019 County Health Rankings** on March 19. Rankings are updated each year to provide communities with up-to-date information on the health of their residents. The model utilized in the County Health Rankings measures how healthy people are today and how long they can expect to live (health outcomes) based on the many factors that impact health within the community environment (health factors). These rankings aid county officials in their long-term planning to help make their communities healthier and safer places to live, learn, work, and play.

Montgomery County fell in rankings in both *Overall Health Outcomes* and *Overall Health Factors* compared to its 2018 standings. The largest drop (5-spot drop) in rankings under Overall Health Outcomes was in the Length of

Life measure - a measure of premature death, calculated as years of potential life lost before age 75. The years of data used for the Length of Life measure were 2015-2017, the timeframe that Montgomery County experienced the highest number of deaths due to drug overdoses. Montgomery County has been diligent in its efforts to address the opioid crisis and deaths due to drug overdoses fell in 2018 as a result. The less than favorable Length of Life measure will rebound as Montgomery County continues to make advancements in treating and preventing drug addiction as well as addressing the social determinants of health.

In Overall Health Factors, the largest decline in rankings (21 spots) occurred in the Physical Environment measure. Montgomery County scored poorly in the Air and Water Quality measures, which together, account for half of the Physical Environment tally. The measurement for air pollution tracks the average daily density of fine particulate matter in the air, and the presence or absence of a reported drinking water violation determines the water quality score. County officials have been addressing the underlying issues in both instances. Montgomery County air and water quality are held to high standards; Montgomery County routinely monitors its air and water quality to ensure they are free of hazards pollutants and are safe to breathe and drink. Table 1 (shown below) tracks the Health Rankings for Montgomery County from 2012 - 2019.

Click here to see the complete [2019 County Health Rankings](#).

Table 1: Ohio County Health Rankings, Montgomery County, 2012-2019

Focus Areas	Rank*							
	2012	2013	2014	2015	2016	2017	2018	2019
<b>Overall Health Outcomes Rank</b>	<b>70</b>	<b>74</b>	<b>72</b>	<b>70</b>	<b>80</b>	<b>77</b>	<b>75</b>	<b>81</b>
Length of Life	71	75	75	74	75	75	75	80
Quality of Life	57	62	59	59	76	80	77	79
<b>Overall Health Factors Rank</b>	<b>46</b>	<b>50</b>	<b>50</b>	<b>51</b>	<b>56</b>	<b>52</b>	<b>60</b>	<b>65</b>
Health Behaviors	33	33	45	45	55	57	69	71
Clinical Care	12	15	19	27	17	16	11	26
Social and Economic Factors	65	66	66	73	73	67	69	70
Physical Environment	29	52	35	33	30	57	66	87

\*The State of Ohio has 88 counties. A lower number indicates a more favorable county ranking.



### STD Awareness Month

April is STD Awareness Month. This year the Centers for Disease Control and Prevention (CDC) and partners are reaching out to healthcare providers and patients alike with this very important message: **Treat Me Right.**

At a time when [STDs are at a record high](#), it's never been more important for doctors to protect their patients' sexual health as a provider, or stand up for your own sexual health as a patient. Having a strong patient-provider relationship is always important, and the stronger these relationships are, the weaker STDs will become.



STD Awareness Month is an annual observance to raise public awareness about the impact of STDs on the lives of Americans and the importance of preventing, testing for, and treating STDs. It is an opportunity to normalize routine STD testing and conversations about sexual health.

STDs are a major public health issue in the United States. The CDC estimates there are approximately 19 million new cases of STDs in the U.S. each year, almost half of them among young people ages 15 to 24. In 2018, Public Health reported 3,350 cases of chlamydia, 1,619 cases of gonorrhea and 145 cases of syphilis.

In Montgomery County, the statistics from 2014 -2018 are alarming:

- Syphilis cases have increased 437%
- Congenital syphilis cases have quadrupled
- Gonorrhea cases have increased 67%
- Chlamydia cases remained at a record high

Many of those who are infected with an STD don't know it because they do not have any symptoms. The only sure way to know if you have an STD is to get tested. During the month of April a table will be set up in the main lobby of the Reibold Building with valuable learning resources. Public Health will also be distributing condoms to the public. We expect to distribute over 10,000 condoms throughout the month.

STDs are preventable and treatable. Working together to build awareness will help us prevent the spread of STDs in our community.



## **Community Overdose Action Team**

*Working Together to Combat  
Overdoses and Drug Abuse*

### **Columbus Public Health Looking at COAT Model to Battle Overdoses**

On March 8, Columbus Public Health's Health Commissioner, Assistant Health Commissioner and Director of Treatment Services visited Public Health to meet with members of the [Community Overdose Action Team \(COAT\)](#) to gain a better understanding of the COAT structure and how local partners are working together to combat the opioid crisis. The group presented ideas on alignment, collaboration, data sharing, successes and challenges that face both communities. The two local health departments will continue to work together, not only on the drug overdose crisis, but also on other complex public health problems.



## Mayoral Roundtable Focused on COAT Data Sharing

On March 4, Public Health employees participated in a Mayoral Site Visit Roundtable hosted by Dayton Mayor Nan Whaley. Public Health, Ascend Innovations, and ADAMHS met with the Mayor of Madison, Wisconsin and staff to discuss the Community Overdose Action Team (COAT) Data Committee reports and data sharing among organizations. Other COAT members joined a larger group meeting where the COAT structure and the [Center for American Progress report](#) was presented. The visitors then visited Life Enrichment Center where they received information from Public Health's CarePoint Program, the GROW Team, Families of Addicts, Oasis House and Sidewalk Soldiers.



## COAT Partners Present at National Behavioral Health Conference

On March 25, Public Health, Ascend Innovations and ADAMHS provided a presentation entitled "Creating a Regional Data Science Lab: Integrating Behavioral Health, Public Health and Hospital Data Set" at the [National Council for Behavioral Health](#) Conference in Nashville, Tennessee. This is one of the largest behavioral health conferences in the nation, with over 6,000 in attendance this year. The group had the opportunity to share information on data collection and sharing of data on unintentional drug overdoses; the GetHelp Now app; and the alert system used by our outreach teams to follow up with those who have entered the hospital on a drug overdose. The presentation was well received and comments were positive.



## Ohio Uniform Food Code Updated

The Ohio Uniform Food Code was recently updated on March 1. The food code is updated every five years to align with the Federal Model Code. Most of the changes were minor. Environmental Health is reaching out to businesses by providing a summary page during inspections that can also be found on our website. Public Health expects additional rule changes by the end of the year to address "Dogs on Patios" as discussed at the March Board of Health meeting. Below are some of the major updates included in the Food Code:

- Latex gloves are no longer permitted to be used in food service operations and retail food establishments.
- Sanitizers and cleaning agents must be available on site during all hours of operation.
- Food employees shall effectively restrain hair by wearing hair restraints such as hats, hair coverings or nets, beard restraints, and clothing that covers body hair.
- For new or renovated operations, the drain of the culinary sink or three compartment sink shall contain an indirect connection as specified in Ohio plumbing code.

- Hard maple or an equivalently hard, close-grained wood may be used for: wood fermentation tanks, wood maturation barrels, and other wood used in the alcoholic beverage making process.
- Person in Charge shall ensure food temperatures are being maintained by daily oversight of employees' routine monitoring of food temperatures.

Click here to view the [Ohio Uniform Food Code](#) or click here to view a [summary of the changes](#).



### **Governor Dewine's Proposed Executive Budget Focus Areas**

On March 5, Governor Mike DeWine unveiled his [proposed executive budget for fiscal years 2020-2021](#), in his State of the Union address to the Ohio General Assembly. Some of the areas of focus include:

- Investing in our children to help our youngest Ohioans get the best start in life by addressing our infant mortality rates and trauma in children and expanding prevention efforts.
- Investing in efforts to fight mental health and substance use disorders.
- Investing in Ohio's workers and in innovation and technology that spurs job creation.
- Investing in preserving and protecting Lake Erie and all of Ohio's waterways so that all Ohioans have access to clean water and our outdoor spaces are preserved for generations to come.
- Improving our roads.
- Increasing the minimum age to purchase tobacco from age 18 to 21.
- Make more of Ohio's homes lead-safe for children and families.
- Address air pollution by funding clean electricity efforts.
- Create a new Public Health fund through public and private partnerships to increase awareness on public health issues.
- Increase the number of law enforcement drug task forces and fund a new narcotics intelligence unit.
- Increase the number of specialty docket courts.
- Triple the number of families served by home visiting.
- Increase state support to child welfare agencies to decrease the burden on local communities.
- Increase financial support and resources to kinship caregivers.
- Strengthen the infrastructure for support to families caring for an elderly relative.
- Increase job opportunities for people with disabilities.
- Guarantee tuition costs at universities for students that are enrolled so there is no increase in tuition costs for the time a student is attending a college or university to obtain a degree.

The proposed budget bill is now sent on to the Ohio House for review.



## Upcoming Events

### 2019 Minority Health Month Kick-Off!

**Saturday, April 6, 9:30 am - 1:30 pm,  
Neon Movies, 130 E Fifth St, Dayton**

Event will feature a screening of the movie *Hidden Figures*, free breakfast, free health screenings, a \$10 gift card, and more. Free and open to the public.

### Unnatural Causes: Place Matters

**Saturday, April 13, 11:00 am - 3:00 pm,  
Corinthian Baptist Church, 700 S. James H McGee Blvd., Dayton**

Event will feature the film UNNATURAL CAUSES: Is Inequality Making Us Sick?, a documentary series that sheds light on mounting evidence of how inequities affect our health, - the jobs we do, the wealth we enjoy, the neighborhoods we live in, can get under our skin and disrupt our biology as surely as germs and viruses.

### Heritage of Health Festival

**Saturday, April 20, Noon - 5:00 pm,  
Dakota Center, 33 Barnett St., Dayton**

A community health festival with three health presentations, free health screenings, health information tables, and a \$10 gift card! Lunch will be provided. Swahili, French and Arabic language interpreters will be present. Free and open to the public.



### Media Opportunities:

- DDN for **Infant Mortality** (3/5/19)
- Fox 45 for **Flu** (3/7/19)
- DDN for **Radon test Kits** (3/7/19)
- DDN for **COAT** (3/10/19)
- WNYC Radio for **COAT** (3/12/19)
- DDN, WDTN, WHIO TV, WHIO Radio for **Flu** (3/14/19)
- DDN for **Hep A** (3/15/19)
- WDTN for **Tobacco 21** (3/19/19)
- Living Dayton for **Minority Health Month** (3/22/19)
- DDN for **Drug Addiction** (3/23/19)
- WDTN for **Hep A Website** (3/26/19)
- WROU for **Minority Health Month** (3/27/19)
- Cleveland Plain Dealer for **Hep A** (3/27/19)
- Fox 45 for **Minority Health Month** (3/27/19)
- DDN for **GROW Teams/Crime Reduction** (3/28/19)



### Outreach Opportunities:

**City of Trotwood Wellness Benefit Fair** at Trotwood Community & Cultural Arts Center (3/8/19)

**4C for Children Education and Resource Fair** at Kroc Center (3/9/19)  
**Rocking Our Red Pumps** at Boonshoft School of Medicine Research Center  
(3/15/19)  
**Unnatural Causes** at Resurrection Baptist Church (3/16/19)  
**Dayton Urban League Mini Community Resource Fair** at House of Bread  
(3/20/19)  
**WPAFB Resource Fair** at WPAFB (3/21/19)

**Stat of the Month...**

**19,000,000**

*CDC estimates there are approximately 19 million new cases of STDs  
in the U.S. each year.*

*Submitted by:*

**Jeff Cooper**, *Health Commissioner*

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